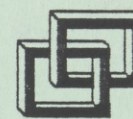


CAPITAL CITY SQUARES



MEMBER CLUB OF THE
I. A. G. S. D. C.

DECEMBER, 1988

P.O. BOX 19986, SACRAMENTO, CA 95819

NOV. POT LUCK A BIG SUCCESS

The November Pot Luck was really a lot of fun! Robin and Fay were gracious hostesses, and there were lots of goodies to eat...but that was just the "icing on the cake"!! There was a good mixture of Basic dancers and Mainstream dancers, and we danced through the night. Tammy brought a little guest and we even had him dancing with the rest of us! For those of you who missed it, ...well, that's too bad. We had room for two squares, but took turns dancing both one level, then another. With such a great group of new Basic dancers, we could really have a great coming year!! Don't miss the next Pot Luck, in January. We might be able to top the November Pot Luck, but it wouldn't be easy. Come on out and give it a try!!!!



Have you heard about the new Wednesday bi-weekly Fun nights, at Josephs?? On the 14th and the 28th of Dec. we will be dancing our little hearts out - C'mon on out and Dance!!



Where is..

Have you wondered where our members are??? We have heard from some of them, but it would be neat to get them to attend one of our Tuesday night classes, or better yet, one of the Wednesday Fun nights!! If you see any member, who hasn't been to class night lately, tell them about our Fun nights, and let them know that we dance for "Fun", both Basic and Mainstream dancing. Robin has been really great about putting on good dancing music, and everyone has fun dancing.

For those of you that have been coming to Tuesday night classes, let those other members you remember know how much fun we have. Have them C'mon out and dance!

When is the BOARD Meeting?

Have you ever wondered when the board meetings are, or (since they are always changing dates) how the dates are decided? Well, every month we have one board meeting. We traditionally have the meeting on the first week of the month. Since many board members are also Prime 8 members, which meets on Mondays, both Mondays and Tuesdays were ousted as board meeting days. Friday is never a good day to meet, so we have consistently changed from the first Wednesday of the month, to the first Thursday, depending on schedules of the board members. If you are a little interested in what happens at those ominous meetings, or have a contribution to make, look at the newsletter calender, and mark down the date!! Read the meeting minutes!!

**Announcing:****TIPS FROM BEHIND THE MIKE!**

As with any skill, it's proven over and over again, that practice makes perfect. The same is true for square dancing. The problem is a lack of obvious avenues to obtain the practice we so desperately need.



As a club, Captial City Squares is now offering two fun dance nights per month. Less stressful than a workshop, they offer invaluable practice time and an opportunity to work on specific problems.

But what else can you do to improve your skill level in square dancing?

Mental practice can be nearly as beneficial as actual dance time. Quiz

yourself on definitions.

Ask yourself what each person in a particular call is doing; not just what you are doing.

Use the checklists that were distributed at the beginning of class. Each week, go home and check off each new call learned, repeat each call's name to yourself so it becomes familiar. Look up each call in the "Basic & Mainstream" handbooks given to you early in class. If you don't have yours, ask for another. Get together and quiz each other on calls and their definitions. Finally, walk through calls, either alone or with another person. The idea is that everytime you think or talk about the calls, they become more familiar, and you improve your skill. Then, if questions arise, Karl and/or I are available to help in any way we can, as are Robin and the other club members.

Thinking square dancing is as beneficial as dancing itself, and doubles your practice opportunities.

Good learning!

**STAFF**

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From the Director's Chair: George Fox

The views expressed in this newsletter are not necessarily the views of the CCS board.

CAPITAL CITY SQUARES

MEETING MINUTES

by cindy sullivan

December 7, 1988 Board Meeting Minutes:

The board meeting was held at Bill McCrory and Mike Foft's house. The meeting was called to order at 6:15pm. Those in attendance were: Kris, Cindy, Bill, George and Rick.

Old Business:

We need to contact dancers/members who have missed class nights lately. Ask them why, and tell them about the Wednesday Fun nights.

Try to do postcard reminders. Rich will design something on the computer that the board can review next meeting, for future printing.

New Business:

San Francisco is asking for money to pay for a generator that was stolen before the parade this last summer. We

voted to **not** send a donation.

New dancer's hoedown for next year was discussed, and we need to attempt to book Coloma Center on Aug. 26th. of 1989.



The board reluctantly accepted Mary Ann's resignation, due to her new job in Eureka. (We're all happy about your new job, but we'll miss you!!!)

Bill will check with Skip and Mike about potluck for January. Look for the details at the next class night or the January newsletter.

The Clear Lake Anniversary dance was

discussed, and we would like to do it again in the Spring of next year.

The Prime 8's asked us (CCS) to consider doing an afternoon workshop with an evening dance. We would like to do it. We will work with them to set up date, etc. ... look for details from the next board meeting.

The board discussed "surprises" which are in store for the Basic class members. Stay tuned for more details!!?!!

Treasurers Report was presented by Audrey:

\$860.97 - last statement
\$625.97 - our records
We are waiting for the latest statements.

We are trying to be informational about the convention in New York, next July, but we haven't received any info for several months.

The meeting was adjourned at 8:25pm.
Respectfully submitted,

Cindy



from the director's chair

By George Fox

Hey there, hi there, ho there! The holiday season is here (no kidding - I could tell by the way I've NOT gotten any shopping done!) Much has happened in the past few weeks, much still to "slide through" to completion. As we settle in to the holidays and the coming year, it's nice to know we are back on track and progressing well. To those who expressed concern and support, we thank you.

Changes - alas, a sad, sad duty it is to bid adieu to Mary Ann Murphy. As a strong member of the club, our membership board, and a consistent supporter of other club's activities, Mary Ann will be missed by us all. However, as the commute from Eureka to Sacramento is a bit far, all we can do is sigh, wipe a tear, and say thank you Mary Ann for everything. We hope you will visit us when

you can. Of course, this means that there will be another opening on the board. Think about another good candidate for nomination.

I was in Vancouver B.C. the week following our Thanksgiving (Canada's counterpart to our November holiday is in October, I believe), and danced (or attempted to - sorry about all those sore feet up there!) with the Squares Across the Border (who send fond greetings and salutations. I missed their fly-in, however. After chastising me for that, they welcomed me quite warmly, and threw me into a square. I was able to "review" a few Plus steps I've not yet learned (thanks for your "gentle nudges" - ouch! - and patience). While I told them I was from the Sacramento club, I failed to tell them what "capacity" (hee hee) I'm faking my way through down here (Mr. Modest - that's me!) Oh, Karl, I still have your hankie,

but I'm not sure what the color "Teal" indicates . . . anyway, thanks to SATB for a great time.

Our biweekly Wednesday Fun dance seems to be successful. Two squares is great . . . and we hope to get a few more (if not all) the rest of the class and club out there, as of the first of the year. Therefore, we're going to keep it going - Joseph's Town and Country Inn, Freeway Business 80 at Howe Avenue, 7-9pm, every other Wednesday night. Yes, even in December (14th & 28th) and into January (11th and 25th).

Don't forget to "Peel the Apple" in New York City. This ought to be lots of fun (aren't they always?!). There's still time to arrange to get in on the fun, so let's do it! Time's awastin!!

Have a wonderful holiday season!

Season's Greetings





Merry Christmas



December 1988

SUN

MON

TUE

WED

THU

FRI

SAT

				1	2	3
4	5 PRIME 8's at Joseph's Bus. 80 & Howe 7-9pm A1/A2	6 CCS DANCE NIGHT at Wm Land Sch 12th & V Street 7-8:30 Basic 8:30-10 M/S Plus	7 CCS Board Mtg. at Bill & Mike's House at 6pm ECR WSD	8	9	10
11	12 PRIME 8's at Joseph's Bus. 80 & Howe 7-9pm A1/A2	13 CCS DANCE NIGHT at Wm Land Sch 12th & V Street 7-8:30 Basic 8:30-10 M/S Plus	14 CCS FUN NIGHT at Joseph's Bus. 80 & Howe 7-9pm Basic & M/S ECR WSD	15	16	17
18	19 PRIME 8's at Joseph's Bus. 80 & Howe 7-9pm A1/A2	20 NO DANCE NIGHT TONIGHT!! School not available	21 ECR WSD	22	23	24
25 CHRISTMAS DAY	26 NO DANCE NIGHT TONIGHT!	27 NO DANCE NIGHT TONIGHT! School Holiday	28 CCS FUN NIGHT at Joseph's Bus. 80 & Howe 7-9pm Basic & M/S ECR? WSD?	29	30	31 NEW YEAR'S EVE DAY

C'mon Let's Dance!



Happy New Year!



January, 1989

SUN	MON	TUE	WED	THU	FRI	SAT
1 NEW YEAR'S DAY	2 PRIME 8's at Joseph's Bus. 80 & Howe 7-9pm A1/A2	3 CCS DANCE NIGHT at Wm Land Sch 12th & V Street 7-8:30 Basic 8:30-10 M/S Plus	4 ECR WSD	5 CCS BOARD MTG Details to be Announced. Who planned this one???	6	7
8	9 PRIME 8's at Joseph's Bus. 80 & Howe 7-9pm A1/A2	10 CCS DANCE NIGHT at Wm Land Sch 12th & V Street 7-8:30 Basic 8:30-10 M/S Plus	11 CCS FUN NIGHT at Joseph's Bus. 80 & Howe 7-9pm Basic & M/S ECR WSD	12	13	14
15 Martin Luther King's Birthday	16 PRIME 8's at Joseph's Bus. 80 & Howe 7-9pm A1/A2	17 CCS DANCE NIGHT at Wm Land Sch 12th & V Street 7-8:30 Basic 8:30-10 M/S Plus ECR WSD	18	19	20	21
22	23 PRIME 8's at Joseph's Bus. 80 & Howe 7-9pm A1/A2	24 CCS DANCE NIGHT at Wm Land Sch 12th & V Street 7-8:30 Basic 8:30-10 M/S Plus ECR WSD	25 CCS FUN NIGHT at Joseph's Bus. 80 & Howe 7-9pm Basic & M/S	26	27	28
29	30 PRIME 8's at Joseph's Bus. 80 & Howe 7-9pm A1/A2	31 CCS DANCE NIGHT at Wm Land Sch 12th & V Street 7-8:30 Basic 8:30-10 M/S Plus				

C'mon Let's Dance!